

CSUSB Adventure Surfing Pack List

Pack:

- Day Pack

Upper Body:

- Waterproof Jacket (if rain anticipated)
- Fleece Jacket or Sweatshirt
- Cotton or Synthetic Blend Hiking Shirt (Breathable Layer)
- Swimsuit top

Lower Body:

- Nylon Shorts
- Light Weight Long Pants/ Cotton or Synthetic Hiking Pants
- Waterproof Pants (if rain anticipated)
- Underwear
- Bathing Suit

Feet, Hands, and Head:

- Shoes
- Socks
- Wet Shoes or Sport Sandals
- Gloves
- Wide Brimmed Shade Hat

Personal Items:

- Towel
- Sunscreen
- Insect Repellent
- First-Aid Supplies (NSAIDs, Band-Aids, After-Bite, personal medications, blister care)
- 2 Reusable Water Bottles (1 quart)
- Sunglasses
- Trash Bags
- Camera, book, or journal (optional)
- Lunch or money to purchase

Group Equipment Provided:

- Wetsuit
- Surfboards